

Notes from the SCP Patient Group Meeting Held on Wednesday, 20th March, 2024 At 6pm via Zoom Online Conferencing

Welcome and Introductions

There were 5 attendees, including Hannah Matheson, Operations Manager, Jenni Rodgers, Chair

3 apologies were received, including Maria and Val Newey, Vice Chairs

Notes from the last meeting were read and approved.

Next Patient Group Zoom Meeting will be held on Wednesday, 17th April, **at 10am**

Chair's Report

Chair attended the MSK Pilot Hub Day at the Black Prince Centre which had been carefully planned for a long time, based on a programme being run in Sussex. This is where professional physios, staff and supporting organisations gather together in one venue to process a huge number of patients in one day, thus drastically reducing the appointment waiting times which hinder patients' recovery and eventual outcomes. Chair will attach slides showing exactly how the day was planned in a covering email when these notes are circulated.

Chair recently circulated to the group an event which took place at the Art4Space in SW4 on 14th March where clinicians could refer clients to Social Prescribers and support their non-medical needs such as gardening etc. This event was linked with other community projects such as Thriving Stockwell, Lewisham and Streatham <https://www.thrivingstreatham.com/>

One patient from our group is a carer for his sister and attended with her to find out how social prescribing works and found the organisers 'super friendly' giving beneficial advice and opportunities to take part in a range of fun activities. As a result, he will now be getting more involved to support his sister with the help of our own Social Prescribers.

Chair asked when our meetings could be held face to face and Hannah suggested we could have them later in the year in the courtyard space outside the practice, and under a gazebo if necessary.

Practice Management report from Hannah Matheson

The practice is keeping very busy but would like to organise more health events such as respiratory and keep fit etc. Dates for these events will be decided and circulated at a later date.

AOB

One patient has been having problems with ordering repeat prescriptions on the practice website and Hannah will investigate further. It was agreed that the NHS App was very good as it already lists the regular medications.

We're still expecting the builders to start work on Baldry Gardens in April.

The date of the next meeting will be on Wednesday. 17th April, at 10am

These notes were compiled and published on 27th March, 2024